

September 2019

<http://www.hprchou.com>

HP RETIREE CLUB HOUSTON

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WELCOME

The HP Retiree Club of Houston provides opportunities to gather with the friends and coworkers you knew during your working career. We rely on our membership to guide our selection of activities, so let the Steering Committee know what activities would interest you.

COORDINATOR'S CORNER—Carlos Fernandez

Dear members, I hope you were not affected by tropical depression Imelda. The rains last week are a good reminder that we live in a fragile area and we need to be alert and prepared for these eventualities all the time. Hurricane season is not over!

Look in this newsletter for a volunteer opportunity to help others affected for events like last week's: the HP Connect Spot deployed by the HP Foundation to disaster areas to provide internet access to those affected.

Plan to attend the open house on the 24th and 25th of this week. You do not need to be a "techie" to volunteer.

Your Planning Committee, with your input via this year's survey, has developed a tentative program for next year. Review the program included in this newsletter; you will see some familiar locations and many new ones for day trips. We hope you find some, if not all, you like and can fit in your schedule. You may want to save the dates and jot them down in your calendars. We may double down or replace items some months to fit other opportunities as they arise.

We had an excellent turnout to the Surviving an Active Shooter seminar held in July with one of the highest participation rates in recent history to any of our programs. The feedback received from the seminar was very positive, especially considering the timeliness of the material. From this seminar we learned about another potential seminar offered by the Southeast Texas Regional Advisory Council: "Stop the Bleeding" which instructs you on how to help save someone before EMTs can arrive. We are looking for an opportunity in the 2020 calendar to add this seminar.

Although there was a small group participating at the Texas Quilt Museum day trip to La Grange, those that were able to make it had a good time - especially the quilters in the group.

For the winery tour day trip, we had great participation, somewhat reduced after the Imelda rains but still 19 members made it; had an opportunity to taste a variety of the great Bernhardt wines and socialize in a beautiful setting in Plantersville. The winery visit was preceded by a hearty lunch at The Relay Station; my 12oz steak was juicy and prepared to perfection.

Join us in other upcoming events: October - a timely seminar titled: "Understanding Medicare Changes for 2020", just in time as we look at our options for next year. Look for the "save the date" and Evite later this week. We are working the details for our annual community volunteering at the Food Bank and St. Arnold's lunch in November.

Earlier this year, during our bus day trips, we started to ask each of the participants to donate an additional \$1 that we call "planning committee fee" in addition to the \$1 for the driver's lunch. This additional dollar goes towards covering the payment of our website hosting fees. Up to last year your planning committee members have been funding those costs out of their own pockets.

On behalf of the planning committee, I want to thank you for reading and sharing this newsletter. Also, I would like to thank the steering committee for their dedication and talent to keep our Houston retirees connected. Although we are now officially in the fall; try to stay cool as it feels like an endless summer!

UPCOMING ACTIVITIES

October 10, Thursday	Seminar: 2020 Medicare updates, Spring Creek Barbecue
November tbd	Community Service activity: Houston Food Bank
January 14, Tuesday	Houston Print Museum , Lunch TBD
February 20, Thursday	Social, Mia Bella



MEET YOUR STEERING COMMITTEE

Committee Responsibility	Committee Member
Coordinator	Carlos Fernandez
Treasurer/Meeting location reservations	Jan Frazier
Meeting Notes/Action Tracker	Vicki Gore
Precinct 4 Bus Coordinator	Karen Brown, Michael Duhs, Herman de Hoop
Trip planning & research/Socials	FG Seeberger, Planning Committee
Seminar Coordinator	Jan Frazier, Lori Day
Club website	Ellen Chadick, Carlos Fernandez, Michael Duhs
Newsletter / Editor	Karen Brown, Michael Duhs, Herman de Hoop
Communications	Lori Day, Herman de Hoop, Carlos Fernandez

2020

Tentative Schedule

January

Printing Museum

February

Social

March

Bayou Wildlife Zoo

April

Moody Mansion, Bishop's
Palace

May

Ocean Star Offshore Rig
Museum

June

Downtown tunnel tour

July

Seminar (Stop the Bleed)

August

Houston Transtar

September

Spindletop Museum

October

Social

November

Community Service

December

No activity

HP RETIREE SPOTLIGHT

September Spotlight: Karen Trapani



Karen Trapani was born in Arizona but “got to Texas as quickly as” she could. Karen’s family lived in many different states, but she spent her formative years in Iowa. There, Karen was active in high school sports, choir, and band where she mastered the oboe. At the University of Missouri-Rolla (now the Missouri Science and Technology University) she played basketball while earning a degree in mechanical engineering.

After graduation (and vowing never to shovel snow again), Karen and her husband Joe returned to Arizona to begin the first jobs of their new careers. A year later, Karen followed Joe on a transfer to Louisiana, and another year later, Houston. Compaq was just a start-up when Karen joined in 1984 and she was proud of her three-digit employee number!

Starting as a mechanical product engineer at Compaq’s Sommermeyer location, Karen was responsible for supervising the assembly line for the company’s original luggage “portable products.” She fell in love with the industry and, through the years, held multiple positions including managing portable product engineers and executive positions in Product Planning, Customer Service, Quality and Customer Experience.

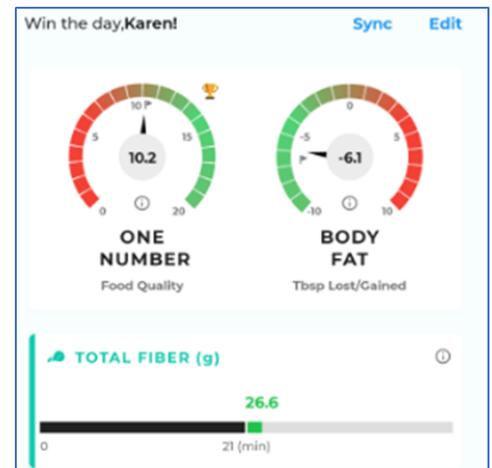
In 2018, after 34 “short” years at Compaq/HP, Karen retired. Her fast-paced career on top of raising three children and operating a remote ranch in Fayetteville, Texas had taken a toll. During the six-month “breather” that followed, she tried gardening only to find she has a brown thumb.

She and Joe enjoyed traveling with (now grown) kids’ sports teams and spoiling their dogs but there were no grandchildren (yet) to dote on. Restless, a new vocation called and, last Sep-

Since Karen had been very active in HP’s wellness and fitness community, this was a logical next step.

Karen’s new endeavor — the OneNumber Health System — is an app that helps people achieve lifelong weight loss/management in an easier, healthier way. Based on the acclaimed book “the Engineer’s non-Diet” written by the project’s CEO, Tom Hill (click [here](#) to see Nutrition Advance’s third party review), OneNumber features a patent pending food-quality index that customizes to the user’s unique profile and eliminates the confusion of food labels.

The app’s 30-day beta testing effort is scheduled for this fall and Karen welcomes all HP retiree members to participate. They may be invited to attend a short introductory seminar and all will receive the app for free. For details, email Karen at KTrapani@OneNumberHealth.com



HP Connection Spot

Aiding disaster recovery efforts by deploying a trailer loaded with HP Computers and printing equipment onsite.

Volunteers needed!



HP Connection Spot
Open House
September 24-25
10 am- 4 pm daily
Visitors Parking Lot in front
of Building One

Come tour the HP Connection Spot to see the vehicle that the HP Foundation rolls in when large disasters strike

Learn how you can be part of the efforts to bring connectivity and comfort to disaster survivors



Foundation

Contact Rich Peters for more information:
Rich@TexasPeters4.com

UPCOMING ACTIVITIES

Save the Dates

Medicare Seminar—October 10

Community Service - Food Bank—November TBD

PAST ACTIVITIES

Relay Station Restaurant

Bernhardt Winery



Relay Station Restaurant Bernhardt Winery, cont'd.



PAST ACTIVITIES

Surviving an Active Shooter Seminar



The Houston Police Department makes available to the citizens of Houston "Surviving An Active Shooter" presentations which incorporates the run, hide, fight principles.

PAST ACTIVITIES, cont'd.

Texas Quilt Museum



We have an opportunity to assist a local organization in need of technical support to run their business more efficiently for the benefit of their clients and sponsors. If you been wondering how to give back to our community and enjoy applying your well-earned and well-used skills, here is your chance to make a real difference!!

TOMAGWA is a Christian ministry that provides quality healthcare services in an ambulatory setting to uninsured, low-income families and individuals in the Tri-County region of Northwest Harris, Montgomery, and Waller Counties. TOMAGWA is privately funded through patient contributions, partnerships, corporations, individuals, grants, and the services of volunteers. TOMAGWA does not receive government funding or accept health insurance.

TOMAGWA has the following critical technical needs:

- Data analyst to assist with generating reports from mined data based on requests made by funders
- IT Support for day to day computer troubleshooting
- Data Mining - build/run reports to be generated from electronic health records and customer relationship management software.

If you have an interest in learning more about these needs please contact BenaminaC@tomagwa.org

Thanks in advance for supporting this worthwhile organization!!

RESOURCES

For more retiree information from HPE/HPI, please access these websites via user names and passwords in the table below:

www.hp.com/retiree - (Maintained by HP Inc (HPI) for retirees)

This website retains some information that is available to any of the legacy companys' retirees and does not require a password. The other information (Benefits, Discounts, Open Enrollment - *specific to HP Inc*) has been moved to HP Continuum and DOES require you to create your own user name and password.

Are you an HP retiree with a Payroll issue? HP has cancelled its 1-800 number for employees and retirees to reach Payroll. The only way to contact HP Payroll is through this email address: payroll.us.i@hpe.com. (Note: type carefully ... the letter "i" in the email address identifies you as an HP Inc. designated retiree.) Include your full name and employee number in the message.

www.hpcontinuum.com - HP news, retiree stories, videos, and member spotlights for HPI employees that meet the following criteria:

- Age 55 and 10 years of service under the HP Retiree Medical Program
- Age 55 and 15 years of service under the Pre-2003 Retiree Medical Program
- Age 50 with at least five years of vesting service under the Compaq Computer Corporation Cash Account Pension Plan (CAPP) under the Former Digital Retiree Health Program.

www.hpalumni.org - **HP Alumni Association** (Maintained by volunteer HP retirees/former employees)

Join HPAA at no charge; use the online Benefits forum to compare notes on US retiree health plans – year-round and during Annual Enrollment. Check out their website for a wealth of information and selected forums to join.

1. Know someone leaving HP? Send them this link to our "ASAP Checklist" -- advice from members of the independent HP Alumni Association on [urgent things to do before losing HP access](#) and in the following weeks. (Membership not required.)

2. Social Security. [Video with an expert from the Social Security Administration](#). When to start. How working affects your benefits. Spouse, children, divorce, survivor, disability, taxes. Much more.

* Note: Usernames and Passwords are available when you sign up to HP Continuum

Program	URL
HP Retiree Club of Houston	www.hprchou.com
HPI (Discounts area, choose Retiree Discounts link) *	www.beneplace.com/hp_employee/
HP Continuum (News, Benefits, Contacts)	www.hpcontinuum.com
Employee Programs (Discounts) *	www.houston.hpway.org
HP Branded Merchandise *	www.hpstore.com <i>click on Partners</i>

“Beautiful young people are accidents of nature, But beautiful old people are works of art.”

~Eleanor Roosevelt